

A B C CLUB

MENU

BREAKFAST:

Toast (with jam and/or butter)

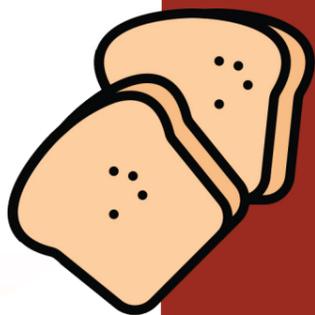
Various cereals

Cereal bars

Yoghurt

Fruit

Milk, apple or orange juice, fruit squash, water



AFTERNOON SNACK:

Tuna on toast

Beans on toast

Tuna sandwich

Cheese sandwich

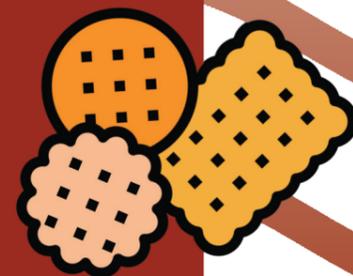
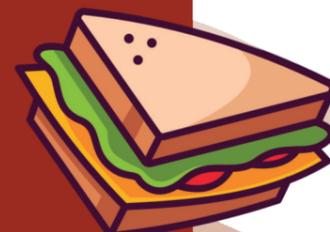
Cereal bars

Yoghurt

Fruit

Various biscuits

Apple or orange juice, fruit squash, water



Specific dietary requirements can be catered for.